PAVOL JOZEF ŠAFÁRIK UNIVERSITY IN KOŠICE

Catalogue of

STUDENT MOBILITY OPTIONS

within the Erasmus+ programme

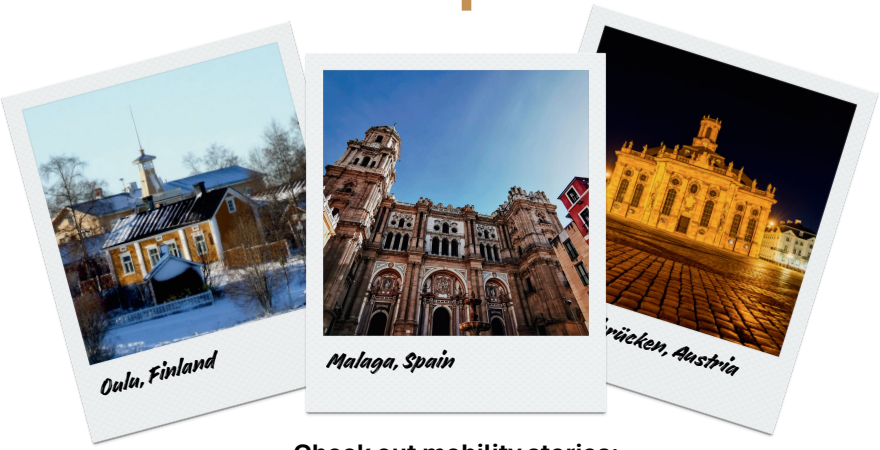
PAVOL JOZEF ŠAFÁRIK UNIVERSITY IN KOŠICE

2026

2027

Funded by the European Union

Their Erasmus.
Your inspiration.



Check out mobility stories:

Know your rights! *(and duties)*

The **Erasmus Student Charter** is your guide to a successful mobility.

It will help you understand your **rights** and **obligations**.

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ERASM

Erasmus is a mobility program of the European Union that allows you to travel abroad (EU countries + North Macedonia, Serbia, Iceland, Liechtenstein, Norway, Turkey) with financial support.

mobility = study stay or traineeship abroad

study stay/study = part of your studies that you complete at a partner university abroad

traineeship = practical experience abroad during which you get to try working in your field of study

LA/OLA = (**O**nline) **L**earning **A**greement; a contract specifying the content of your mobility

financial contract = an agreement between you and UPJŠ based on which you will receive the financial support

students with fewer opportunities = the participants whose personal, physical, mental, or health condition may pose a barrier to participating in mobility are entitled to an additional grant - more information is available on page 18 or online:

US 101

Interested?
Start here!

Coordinator at Faculty, Institute, or Department

- helps you with the content of the LA/OLA
- approves the selection of courses
- **specifies the deadlines and conditions of the application procedures**
- assists with course recognition
- helps with choosing a partner university

International Relations and Internationalisation Office

- handles administration (receives the LA/OLA)
- sends documents to the partner university
- you sign the financial agreement here

Study Administration Office

- receives documents for course recognition
- enters grades into AiS

You can spend **12 months per a study cycle** on mobilities (24 months in case of long cycle studies).
All types of physical mobilities, including graduate traineeships, count towards the total number of months.

STUDY

Take part in a study mobility at a partner university abroad.

You can only participate in studies at universities with which UPJŠ has a valid inter-institutional agreement. The list of currently valid agreements and their conditions is regularly updated by the Department of International Relations and Internationalization.

The list of **partner universities** is available here:

LONG-TERM MOBILITY

Who can participate in mobility?

All duly enrolled full-time and part-time students from their 1st year of study can participate.

When will the mobility take place?

The mobility will take place in the second semester of 2026/2027.

What is the length of the mobility?

The mobility must last **from 2 to 12 months.**

What are the conditions for a succesful completion of the mobility?

A minimum of 20 credits per semester must be obtained during long-term mobility for the purpose of study (this obligation does not apply to PhD students).

Will the credits be recognized upon my return?

Yes, all earned credits will be recognized. Upon your return, you will need to apply for credit recognition according to faculty procedures.

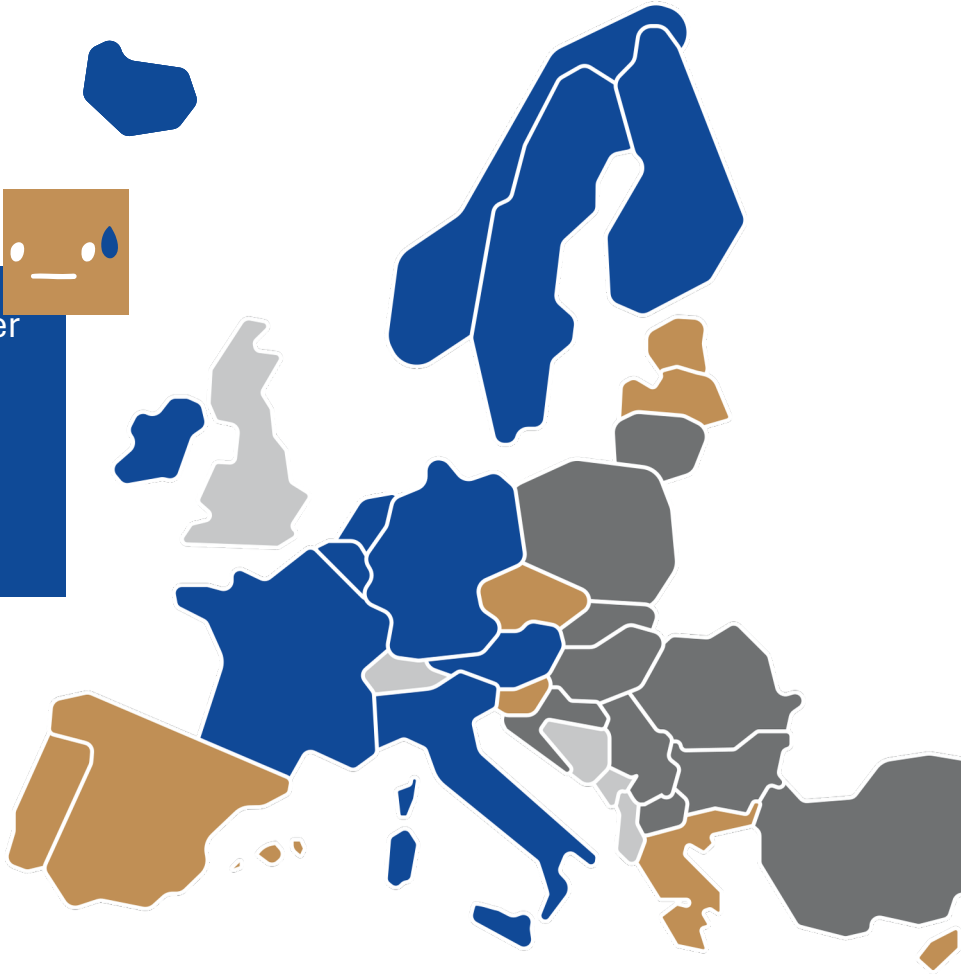
Is the mobility covered financially?

Yes, the entire duration of the mobility is funded without restrictions. The amount of the grant depends on the destination country. In addition, you will receive a **travel grant** (more information on page 17).

Students with fewer opportunities may receive an additional contribution of **€250 per month** on top of the standard grant (more information on page 18).

Study mobilities are not available to graduates.

The Erasmus grant helps cover your stay abroad, but it might not cover everything—so it's smart to have some extra savings on hand.



€674

Belgium, Denmark, Finland, France, the Netherlands, Ireland, Iceland, Liechtenstein, Luxembourg, Germany, Norway, Austria, Sweden, Italy

€606

Cyprus, Czech Republic, Estonia, Greece, Latvia, Malta, Portugal, Slovenia, Spain

€550

Bulgaria, Croatia, Lithuania, Hungary, Poland, Romania, North Macedonia, Serbia, Turkey

+ Travel grant see pg. 17

BLENDED INTENSIVE PROGRAMMES (BIP)

Who can participate in the mobility?

BIP is open to all duly enrolled students, full-time and part-time, from 1st year onwards, who have been nominated by their faculty. The target group is determined by the BIP organizers.

What is the implementation period?

BIP must be implemented until 31.7.2027.

What is the duration of a BIP?

BIP consists of a mandatory virtual element and a physical mobility, which can last from 5 to 30 days. The length of the mobility is set by the BIP organiser.

Where can I participate in a BIP?

UPJŠ must have a valid inter-institutional agreement with the organizer of the BIP for the specific programme.

What conditions must be fulfilled for a succesful completion of a BIP?

During a BIP, you need to earn **at least 3 credits**. The credits will be fully recognized upon your return, according to the procedures of each faculty.

Are BIPs finacially covered?

Yes, **the full duration of the physical mobility is funded**, including travel days, regardless of the destination country. The grant is **€79 per day** (for the first 14 days). You're also entitled to a **travel grant** (see pg. 17).

Students with fewer opportunities may receive a one-time additional contribution of **€100** (see pg. 18).

SHORT-TERM PHD MOBILITY

Who can participate in the mobility?

The mobility is available to both full-time and part-time PhD students.

During the mobility, you're not required to earn credits. If you do earn any, they will be fully recognized according to the procedures of each faculty.

What is the implementation period?

The mobility must be implemented until 31.7.2027.

What is the duration of the mobility?

The mobility duration must last **from 5 to 30 days.**

Is the mobility covered financially?

Yes, **a maximum of 10 days of activity and 2 travel days** are funded at a grant rate of **€79 per day**.
In addition, you are entitled to a **travel grant** (see pg. 17).
Students with fewer opportunities may receive a one-time additional contribution of **€100** (see pg. 18).

More information about the rules and funding of short-term PhD mobilities is available on page 20.

SHORT-TERM BLENDED MOBILITY

1ST & 2ND STUDY CYCLES

Who can participate in the mobility?

Mobility is available to **doctoral** (MUDr./MDDr.), **bachelor** (Bc.) and **master degree students** (Mgr.).

What is the implementation period?

The mobility must be implemented by 31.7.2027.

What is the duration of the mobility?

The mobility must last **from 5 to 30 days**.

What are the conditions for a succesful completion of the mobility?

The mobility must include a **mandatory virtual component**, and you need to earn **at least 3 credits**.

The earned credits will be fully recognized according to the procedures of each faculty.

Is the mobility covered financially?

Yes, **a maximum of 5 days of activity and 2 travel days** are funded at a grant rate of **€79 per day**.

In addition, you are entitled to a **travel grant** (see pg. 17).

Students with fewer opportunities may receive a one-time additional contribution of **€100** (see pg. 18).

More information on the rules and funding of short-term blended mobilities is available at page 21.

TRAINEESHIP

A traineeship involves the participation of a mobility student in an organization located in an Erasmus+ programme country.

You can do your traineeship:

- in **public** or **private companies** and organizations operating in the labor market, or in the fields of education, vocational training, research, and innovation—regardless of their size,
- at **higher education institutions** with an ECHE charter, or at **embassies**.

Apart from professional ones, you can also take part in **digital skills improvement** traineeships.

LONG-TERM MOBILITY

Who can participate in the mobility?

All duly enrolled full-time and part-time students from their 1st year of study can participate. The mobility is also available to recent graduates.

What is the implementation period?

The mobility must be implemented by 30.6.2027.

What is the duration of the mobility?

The mobility must last **from 2 to 12 months**.

What are the requirements for the traineeship?

The internship must be full-time in the host country.

I'm a graduate—how do I apply for a traineeship?

You must take part in the selection process during your final year of study, and the traineeship must be completed within 12 months after graduation (i.e. after your final exams).

Long-term traineeship mobility is also available for recent graduates.

Can I earn credits for the traineeship?

Yes, you can earn credits for an internship that is part of your study program or a voluntary internship. You need to apply for credit recognition after returning, following the procedures of your faculty.

If you don't receive credits at the faculty level, let us know, and after your mobility ends, we will award you **3 credits for the Erasmus+ trraineeship** at the university level.

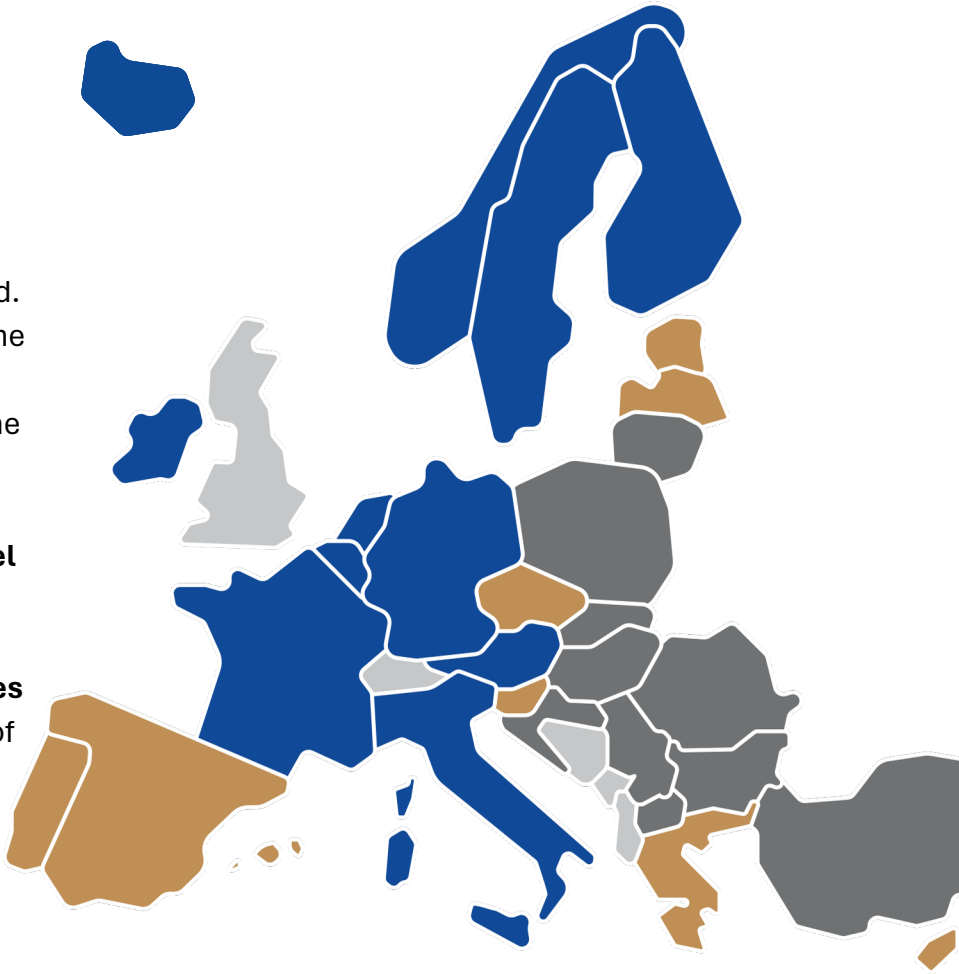
Graduates do not receive credits, as they no longer have student status.

Is the mobility covered financially?

Yes, for students, the entire duration of the internship is funded. For **graduate traineeships**, only the first **2 months** are funded. The amount of the grant depends on the destination country.

In addition, you will receive a **travel grant** (see pg. 17).

Students with fewer opportunities may receive an additional top-up of **€250 per month** on top of the regular grant (see pg. 18).



€824

Belgium, Denmark, Finland, France, the Netherlands, Ireland, Iceland, Liechtenstein, Luxembourg, Germany, Norway, Austria, Sweden, Italy

€756

Cyprus, Czech Republic, Estonia, Greece, Latvia, Malta, Portugal, Slovenia, Spain

€700

Bulgaria, Croatia, Lithuania, Hungary, Poland, Romania, North Macedonia, Serbia, Turkey

+ Travel grant see pg. 17

SHORT-TERM PHD MOBILITY

Who can participate in the mobility?

The mobility is available to both full-time and part-time PhD students.

Is the mobility covered financially?

Yes, **a maximum of 10 days of activity and 2 travel days** are funded at a grant rate of **€79 per day**.
In addition, you are entitled to a **travel grant** (see pg. 17).
Students with fewer opportunities may receive a one-time additional contribution of **€100** (see pg. 18).

What is the duration of the mobility?

The mobility duration must last from 5 to 30 days.

What is the implementation period?

The mobility must be implemented by 31.7.2027.

During the mobility, you're not required to earn credits. If you do earn any, they will be fully recognized according to the procedures of each faculty.

More information about the rules and funding of short-term PhD mobilities is available on page 20.

SHORT-TERM BLENDED MOBILITY

1ST & 2ND STUDY CYCLE

Who can participate in the mobility?

Mobility is available to **doctoral** (MUDr./MDDr.), **bachelor** (Bc.) and **master degree students** (Mgr.).

What is the implementation period?

The mobility must be implemented by 31.7.2027.

Ďalsie informácie k pravidlám a financovaniu Krátkodobých zmiešaných mobilít nájdete na pg. 21.

What is the duration of the mobility?

The mobility must last **from 5 to 30 days**.

What are the conditions for a succesful completion of the mobility?

The mobility must include a **mandatory virtual component**, and you need to earn **at least 3 credits**.

The earned credits will be fully recognized according to the procedures of each faculty.

Is the mobility covered financially?

Yes, **a maximum of 5 days of activity and 2 travel days** are funded at a grant rate of **€79 per day**.

In addition, you are entitled to a **travel grant** (see pg. 17).

Students with fewer opportunities may receive a one-time additional contribution of **€100** (see pg. 18).

TRAVEL GRANT

Travel Distance	Travel Grant	
10 km - 99 km	**€56**	€28
100 km - 499 km	**€285**	€211
500 km - 1,999 km	**€417**	€309
2,000 km - 2,999 km	**€535**	€395
3,000 km - 3,999 km	**€785**	€580
4,000 km - 7,999 km	**€1,188**	€1,188
8,000 km and more	**€1,735**	€1,735

Who is eligible for the travel grant?
Participants of all types of mobility (long-term, short-term, for study or traineeship) are eligible for the travel grant.

Green Travel

Standard Travel

Green travel includes: **train, bus, bicycle,** and **carpooling**, or a combination of these.
Taking a bus to the airport is not considered green travel.

STUDENTS WITH FEWER OPPORTUNITIES

(list of possible barriers to mobility and required documents)

DISABILITY

A person with a severe health disability (hereinafter referred to as a person with a SHD) is considered a person with a functional impairment rate of at least 50%.

- Disability card (preukaz ZŤP)
- Application for the participants with special needs
- Consent to the Processing of a Special Category of Personal Data
- Acceptance letter from the receiving institution

HEALTH PROBLEMS

A person with a health problem is considered a person with a chronic illness or psychiatric illness.

- Consent to the Processing of a Special Category of Personal Data
- Medical report and the ÚPSVaR decision on granting a financial allowance
- Medical report and the status of a student receiving a social scholarship

Students who have a medical report but do not hold a decision from the ÚPSVaR or a report from a counseling center will not be able to claim the grant for participants with fewer opportunities.

SOCIAL BARRIERS

Social adaptation difficulties: a single parent with a child (i.e. a single woman or a single man who is permanently taking care for a child under the age of 15), discrimination barriers

- ☑ Declaration of Honour
- ☑ Written justification for increased costs that could be covered by the additional grant

ECONOMIC BARRIERS

Low standard of living, low income (eg. family in social need)
dependence on the social security system (eg. orphan's pensioner, unemployment benefits)

- ☑ Social scholarship and/or
- ☑ Confirmation of material need from the ÚPSVaR not older than 1 year

OTHER

Different types of barriers (e.g. ethnic origin, migrants, etc.) – depending on the university's decision

- ☑ Declaration of Honour
- ☑ Written justification for increased costs that could be covered by the additional grant

RULES AND FUNDING

OF SHORT-TERM PHD MOBILITIES

(Mobility can be carried out for the purpose of study or internship.)

- Each short-term mobility must meet the non-negotiable minimum duration requirement of at least 5 days.
- The university will provide a grant for short-term mobility **covering a maximum of 5 days** of physical mobility abroad.
- Participants have the option to carry out mobilities that last longer than the period covered by financial support. These are mobilities with a so-called **combined grant**—i.e. partially funded by Erasmus+ and partially as a zero-grant period—or mobilities that are entirely zero-grant.
- One travel day before the first day of the activity abroad and/or one travel day after the last day of the activity abroad is added to the mobility period. These days are included in the calculation of individual support according to the scheme of **5 to 10 days of activity + 2 travel days**.

RULES AND FUNDING

OF SHORT-TERM BLENDED MOBILITIES FOR 1ST AND 2ND STUDY CYCLES

(Mobility can be carried out for the purpose of study or internship.)

- Short-term blended mobility (hereinafter STM) consists of a **short-term physical mobility** abroad (in a programme country) **with a minimum duration of 5 days, and a mandatory virtual component**. The volume, format, and timing of the virtual part are flexible and can be freely adjustable.
- **The virtual component is organized by the sending faculty/department/ institute** in cooperation with the host institution. The sending faculty/department/institute is responsible for the quality of the implemented virtual activity.
- STM is intended for individuals who cannot participate in long-term mobility, for example, due to their field of study or lack of opportunities to participate.
- Physical mobility must meet the **essential duration criterion: from 5 to 30 days** (excluding travel time) and **must be combined with a mandatory virtual component**.
- The faculty/institute/department is responsible for the appropriate selection of the type of mobility and ensures that long-term mobilities remain the standard.
- Participants will be provided with a **grant covering a maximum of 5 days of physical mobility abroad**.
- Physical mobility may last longer than the period covered by financial support. These are mobilities with a so-called **combined grant**, i.e. with financial support from Erasmus+ sources combined with a zero-grant period, or mobilities with no grant at all.
- One travel day before the first day of activity abroad and/or one travel day following the last day of activity abroad is added to the mobility period. These days are included in the calculation of individual support according to the scheme: **5 days of activity + 2 travel days**.

APPLICATION DEADLINES

LONG-TERM MOBILITY - STUDIES

First semester: 16.03.2026 **Second semester:** 07.10.2026

LONG-TERM MOBILITY - TRAINEESHIPS

Stage	Proposed application deadlines	Earliest possible start date
01.	07.10.2025	21.10.2025
02.	10.02.2026	25.02.2027

BIP, SHORT-TERM PHD MOBIITIES, SHORT-TERM BLENDED MOBILITIES FOR 1ST AND 2ND STUDY CYCLE

Stage	Proposed application deadlines	Earliest possible start date
01.	10.06.2026	01.08.2026
02.	07.10.2026	21.10.2026
03.	10.02.2027	25.02.2027
04.	05.05.2027	19.05.2027

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OLS is available through the EU Academy platform along with other short courses.

Manage your mobility easily via mobile!

Download the Erasmus+ app – available in all EU languages for both Android and iOS.

It allows you to manage your OLA and offers practical tips from mobility participants.

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Download on the App Store

ESN Erasmus Student Network Košice

Join the largest student organisation in Europe!

Do you enjoy helping others, want to meet new people, and love parties? ESN Košice is waiting for you!

www.kosice.esn.sk

MORE INFORMATION

This catalogue was made by
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